

Liberty Christian Preschool

Health and Safety Plan

2020/2021

The mission of Liberty Christian Preschool has always been to create the safest and healthiest environment for our children and families we serve. We are as dedicated to that mission now as we have ever been. Liberty Christian Preschool will safely phase back in our programs as is allowed in accordance with Shasta County Health, State Licensing and the CDC recommendations. Our policy changes reflect our current situation and will be revised throughout the school year. We will keep our parents informed of any and all changes as they are made. Thank you for being patient and understanding as we walk through this time together and work diligently to provide the healthiest quality program possible. At Liberty Christian we hold to high standards in our programs.



Morning Health Check

- Parents/Guardians are responsible for administering a wellness check on their child before bringing them to school. The wellness check will include a temperature check and a visual health check performed by LCS staff.
- If a child displays any signs of illness the child will be required to stay home if they display any of the symptoms listed in our Wellness Policy . Within those guidelines it is stated when a child can return depending on the illness.
- If a child displays symptoms there will be no exceptions unless a doctor's note clears a child AND it is in alignment with our school policies.
- During morning Check In parents will sign their child in which will confirm they are symptom free and child has not been given fever reducing medicine.
- Provided is our updated Wellness Policy for exclusions and returns as well as the Wellness check we will be performing at school.

What is allowed:

- Snacks and lunch must be **fully disposable** and brought in a labeled disposable bag in order to reduce contaminates-NO LUNCH BOXES
- Jacket/Sweater/Sweatshirt
- Change of Clothes (will be kept in backpack, please label)
- Water Bottle (labeled clearly with child's full name)
- Backpacks will be allowed
- NO personal items from home such as: toys, stuffed animals, blankets, etc.

Arrival and Pick up Procedures- **3/4 preschool class Arrival Time- 8:15**

Arrival- Front Gate of the preschool

- ✓ Parent/guardian will drop off and pick up at the front gate where you will find social distancing markers on the ground. Please abide by these markers and wait with your child in order to maintain 6 ft of distance from others in order to reduce the risk of exposure around you. If you do not see a marker available please wait in your car until you do.
- ✓ Children are required to stay with their parent/guardian at ALL times until escorted to class by their teacher.
- ✓ When it is your turn to check in LCS staff will call you to the check in table. You will be greeted by an LCS staff member wearing a mask. Parents and children are not required to wear masks at this time, unless required by State. At this time staff will perform the Morning Wellness Check which includes having temperatures taken.
- ✓ Please use the hand sanitizer before signing in. There will be containers for your child's snack/lunch, water bottles and clothing. All items will be sanitized before entering the classroom and children will be taken immediately to wash their hands.
- ✓ Parents are not allowed into the classroom at this time, in order to reduce the risk of contamination.
- ✓ If you miss the check in time, 8:15-8:30, your child will not be able to attend school that day. Due to the guidelines and new procedures we being implemented it is very important that you arrive during your assigned time.

3/4 Class Pick up Time- 11:15

Pick up South fence line of the preschool playground

- ✓ Children will be walked to their cars by their teacher at end of the day. We ask you to form a line along the south fence line of the preschool playground and remain in your cars. Your child will be assisted by their teacher.
- ✓ Please be on time. Each class has a scheduled time for pick up to minimize contact and mixing of children. Pick up will begin at 11:15

Kindergarten Readiness Arrival Time- 8:45

Arrival- Back door of the Kindergarten Readiness classroom

- ✓ Parents/guardians will drop off children on the backside of the school. Entering through the side door of the Ms. Carrie's classroom. (Please refer to the map) Please follow the marked pathway leading to the stairs where you will see visual to help maintain social distancing.
- ✓ Children are required to stay with their parent/guardian at ALL times until escorted to class by their teacher.
- ✓ When it is your turn to check in LCS staff will call you to the check in table. You will be greeted by an LCS staff member wearing a mask. Parents and children are not required to wear masks at this time, unless required by State. At this time staff will perform the Morning Wellness Check which includes having temperatures taken.
- ✓ Please use the hand sanitizer before signing in. There will be containers for your child's snack/lunch, water bottles and clothing. All items will be sanitized before entering the classroom and children will be taken immediately to wash their hands.
- ✓ Parents are not allowed into the classroom at this time, in order to reduce the risk of contamination.
- ✓ If you miss the check in time, 8:45-9:05, your child will not be able to attend school that day. Due to the guidelines and new procedures we being implemented it is very important that you arrive during your assigned time.

Kindergarten Readiness Pick up Time- 11:45

Pick up South fence line of the playground

- ✓ Kindergarten Readiness children will be picked up along the front of the preschool. We ask that parents form a line of cars along the south fence line. Children will be walked to their cars by their teacher at end of the day.
- ✓ Please be on time. Each class has a scheduled time for pick up to minimize contact and mixing of children. Pick up will begin at 11:45



Maintaining A Healthy Environment

Strategies for the classroom

- ✓ Children will remain in small groups according to Community Care Licensing, Shasta Public Health and Title 22 guidelines. We will keep the same group of children and staff together throughout the day/week, as much as possible to reduce the spread of contaminants.
- ✓ We will practice physical distancing during our daily activities as much as possible.
- ✓ Use of visual and verbal reminders to promote physical distancing in the classroom will be used within reason and as much as possible.
- ✓ Outdoor space will be utilized as much as possible, weather permitting. We will try to limit 2-3 children on a play structure at a time.
- ✓ Limit two children in each learning center whenever possible.
- ✓ Classroom will open windows and doors to ventilate the classrooms as much as possible.
- ✓ Hand washing before and after an activity will be promoted and proper hygiene will be encouraged and practiced throughout the day.
- ✓ We will remind children to allow proper space when engaging with their classmates. Socialization will be encouraged in a healthy manner.
- ✓ We will help children maintain space when we are in group activities such as circle time, lining up to go outside, hand washing through use of markings on the floor that will be distanced appropriate when possible.

Health And Hygiene

- ✓ Staff will model and assist children in proper hand washing upon arrival at the school and throughout the day, using the 20 second hand washing guidelines.
- ✓ Sanitizer will be made available when it's not possible to wash with soap and water.

- ✓ Children will be taught what proper hygiene looks like through the use of tissues to wipe their nose and how to cough by turning their heads and coughing inside their elbows. We will also model how to not touch our faces, eyes, nose, and mouth.
- ✓ Temperatures will be taken during morning check in and visual health assessments will be performed throughout the day.

Wellness and Exclusion Policy

We will strictly implement and enforce our wellness policy for all children and staff. If any children or staff display or develop any of the following symptoms either before school or during the day they will be isolated and proper calls will be made. Parent/guardian must come pick up their child within an hour of being notified.

If any of the following symptoms arise staff and children will not be allowed on campus:

- Cough
- Shortness of breath or difficulty breathing
- Fever
- Diarrhea
- Nasal Secretions
- Eye Drainage
- Unusual Rash
- Fatigue/aches pains flu like symptoms
- Vomiting
- Chills
- Muscle Pain
- Sore Throat
- New loss of taste or smell
- Develops a fever of 100 or greater or has had a fever in last 48 hours (two full days) and symptom free of any of the others listed.

*If a child experience any of the above mentioned symptoms they may not return to school until 7 days after symptoms arise or when symptom free. A doctors note may be required for re entry.

*If a child has others in the household who have traveled outside of the area and have been exposed have been exposed and/or tested positive for Covid-19 you will be required to notify the school and self isolate for 14 days and symptom free.



Cleaning & Disinfecting

Covid-19 guidance on cleaning and disinfecting provided by the CDC will be implemented daily to keep germs to a minimum.

Frequently used and touched surfaces will be cleaned and disinfected throughout the day to further reduce the risk of germs on surfaces and objects.

We will:

- Have toys and manipulatives accessible that are easy to clean and sanitize throughout the day.
- Do our best to limit the amount of sharing of items within the class
- Stagger outdoor playtimes in order to not comingle with our other classroom.
- Designate a container for toys that need to be cleaned as a child plays with them, if we cannot clean at that moment.
- Clean and disinfect frequently touched surfaces and objects often using an EPA approved cleaner or soap and water.
- Nightly a janitor will disinfect our classroom including our bathrooms.



Preparedness & Planning

In order to do our best to keep all children and staff healthy we have developed these practices in accordance with state, Shasta County Health Department and the CDC. We have plans to implement each of the following into our school and agree to implement each as listed.

- Reinforcing hygiene practices.
- Intensifying cleaning and disinfecting efforts.
- Assessing the health of children and staff who enter and work in our classrooms.



Communication

At Liberty Christian we value parental /teacher communication. We still find it important to communicate effectively with each of our families. Please feel free to set up a time if needed to better communicate with your child's teacher. In keeping with Covid guidelines and to reduce the in classroom contaminates visitors and parents will not be allowed in class without prior approval and screening. We want to try to make communication as easy as possible during these times. We will send home important information in your child's backpacks and folders. We communicate through email, phone calls and newsletters. Please feel free to reach out to us with any cares, worries or concerns. As we phase back into school there will be guideline changes and restructuring taking place. As changes are made or new or restructured policies are implemented we will keep our families informed.

Communication in case of an exposure or infection

In case of an exposure or an infection of Covid-19 :

- ✓ Anyone with symptoms will be required to be tested for COVID-19. If they test negative, they may return when there is no fever without the use of fever reducers and have felt well for 24 hours since the last symptom. A doctors note will be required. If others in the household test positive or show Covid-19 symptoms the staff/child will not be allowed to return until household is symptom free.
- ✓ Staff/child who test positive may return when they can answer yes to the following questions:
 - Has it been 10 days since the individual first had symptoms?
 - Has it been 3 days since the individual was fever free without fever reducing medicine?
 - Has it been 3 days since the individual's symptoms have improved, including the cough or shortness of breath?
- ✓ If any staff/child presents any possible COVID-19 symptoms we will notify the emergency contacts immediately.
- ✓ Parents will be notified of the exposure or infection while keeping anonymity of the exposed or infected child.
- ✓ The preschool will close in order to thoroughly disinfect and clean all areas and will remain closed 2-5 days after the notification of exposure or infection of Covid-19 as guided by the SCHD.